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1. **CONTINUE ALL MEDICATIONS that are medically necessary, such as Coumadin (Warfarin), Plavix, Aspirin, blood pressure pills and diabetic medications. If you are taking warfarin or coumadin, please let our office know when you did your most recent INR and tell us the result. Put the value in the health/surgical questionnaire.**
2. You should eat as you normally do but reduce, as much as possible, your alcohol intake a few days prior to your surgery. Reducing the amount you smoke, both before surgery and after the procedure, will greatly improve your healing! Please have breakfast the morning of your surgery.
3. Wash your hair the night before or the morning of the surgery. You might not be able to shower or shampoo your hair for 24 to 48 hours following surgery.
4. Wear comfortable clothes. Do not wear a shirt that has to be pulled over your head after surgery. A button-down shirt is best. Bring a pair of indoor shoes to wear in the office.
5. Remove all make-up from the area being operated on the day of your surgery.
6. Please have someone available to take you home after the surgery. We request that you are not alone for the first 24 hours following surgery.
7. Please pack a small lunch and water bottle for the wait. It can be a long day while we are checking to ensure that the skin cancer is removed. After several hours, people often get hungry and thirsty. Food and drink are available in nearby restaurants, but family members would need to bring these to you.

APPOINTMENT DATE: _____ **TIME:** _____ **AM**

Please notify the nurse of any changes in your health prior to surgery.

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